

Play Doh Heart Buttons



These play dough hearts can be used for a variety of things, including as a hanging decoration, used to make a mobile or put outside in the garden.

You will need:

- A large mixing bowl
- A spoon
- 1 1/4 cups all-purpose flour
- 1/4 cup salt
- 1 Tbsp. Cream of Tartar
- A few drops of food colouring of your colour of choice.
- 1 c. boiling water
- 1 1/2 Tbsp. baby oil
- A rolling pin or something to flatten out the dough
- Heart shaped cookie cutter
- A baking tray lined with baking paper
- A skewer or toothpick to write the names with
- String or cord for hanging (optional)

You will need to halve this quantity for the play dough as this quantity makes a very large amount, unless you want to make heaps of hearts or you want to keep some aside for playing with.

Step 1:



Preheat your oven to 200 °. Combine the flour, salt, & Cream of Tartar in a large bowl.

Step 2:



Add a drop of food colouring of your choice and mix in. Be careful not to add too much as it will make the dough runny. If you find that the dough is very sticky you can add more flour.

Step 3:

Add boiling water and oil and stir until it's cooled. **Make sure you get an adult to help you add the boiling water.**

Step 4:



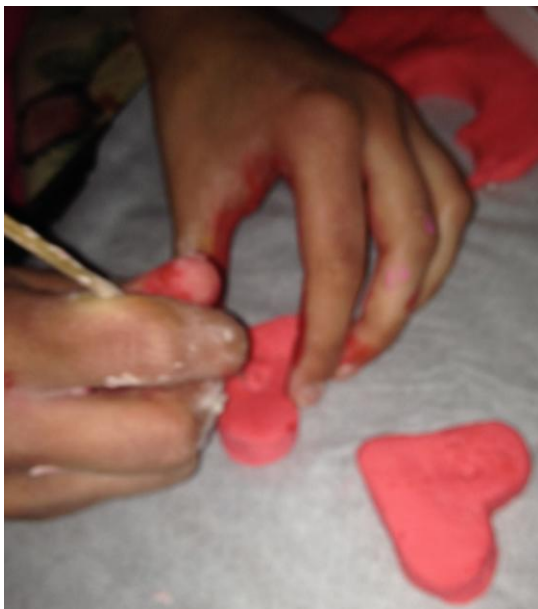
Transfer dough to a floured baking paper and knead together until it comes together to form a ball and is no longer sticky and of a mouldable consistency. You may need to add extra flour in if you find that the dough is too sticky.

Step 5:



Roll out the dough until it is flat and either cut out heart shapes using a heart shaped cookie cutter or if you don't have one you can roll the dough into a small ball, then gently flatten it a bit and make a heart shape by pressing your fingers in.

Step 6:



Use a skewer or toothpick to write the name of your Heart Angel (if you are creating this in memory of a Heart Angel) or otherwise to write your own name or your siblings names on the hearts. If you would like to hang this up somewhere, use the skewer or toothpick to also poke a hole at the top of the heart or heart button.

Step 7:



Place hearts on the baking tray and bake in the oven at 200° for around 30 minutes. Make sure to check them every 5-10 minutes to make sure they don't burn.



Step 8:

If you would to hang your heart up somewhere, thread some string or chord through the hearts where you have poked a hole through the top of and tie. You can then hang this as a decoration on a door, outside in the garden or even on the Christmas tree.

We'd love to see your creations and what you do with them. Don't forget to share any photos you take of your creations with us and tag us in @allheartaus.



Facebook Page: <https://www.facebook.com/allheartaus/>

Website: <https://all-hearts.org>